

1 Clinical impact after laboratory implementation of the Verigene gram-negative bacteria microarray for
2 positive blood cultures

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17

18 **Abstract**

19 Gram-negative bacteremia is highly fatal and hospitalizations due to sepsis have been increasing
20 worldwide. Molecular tests supplementing Gram stain results from positive blood cultures provide
21 specific organism information to potentially guide therapy, but more clinical data on their real-world
22 impact are still needed. We retrospectively reviewed cases of gram-negative bacteremia in hospitalized
23 patients over a 6-month period before (n=98) and 6-month period after (n=97) implementation of a
24 microarray-based early identification and resistance marker detection system (Verigene BC-GN,
25 Nanosphere) while antimicrobial stewardship practices remained constant. Patient demographics, time to
26 organism identification, time to effective antimicrobial therapy, and other key clinical parameters were
27 compared. The two groups did not differ statistically in regards to co-morbid conditions, source of
28 bacteremia, or number of intensive care unit (ICU) admissions, active use of immunosuppressive therapy,
29 neutropenia, or bacteremia due to multidrug resistant organisms. The BC-GN panel yielded an
30 identification in 87% of gram-negative cultures and was accurate in 95/97 (98%) of the cases compared to
31 conventional culture. Organism identifications were achieved more quickly post-microarray
32 implementation (mean 10.9 vs. 37.9 hr, $p<0.001$). Length of ICU stay, 30-day mortality, and mortality
33 associated with multidrug-resistant organisms were significantly lower in the post-intervention group
34 ($p<0.05$). More rapid implementation of effective therapy was statistically significant for post-
35 intervention cases of extended spectrum beta-lactamase producing organisms ($p=0.049$) but not overall
36 ($p=0.12$). The Verigene BC-GN assay is a valuable addition to the early identification of gram-negative
37 organisms causing bloodstream infections and can significantly impact patient care, particularly when
38 resistance markers are detected.

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42 **Introduction**

43 Bloodstream infection remains one of the deadliest and costliest conditions in the United States,
44 more than doubling between the years 2000 and 2008 and becoming the sixth most common reason for
45 hospitalization (1). Gram-negative bacteremia has become an ever more pressing public health concern as
46 numbers across the globe continue to rise (2, 3). Although gram-negative organisms are only responsible
47 for ~30% of the cases of hospital-acquired infections, they account for 70% of such cases in the intensive
48 care units (ICU) in the United States (4). These organisms, including multidrug resistant (MDR)
49 *Pseudomonas aeruginosa* and extended spectrum beta-lactamase (ESBL) or carbapenam-resistant
50 *Enterobacteriaceae* (CRE), are associated with higher mortality rates (1, 3, 4).

51 Timely and appropriate antimicrobial therapy selection is of particular importance. Delays in
52 effective therapy and ineffective empiric therapy are associated with increased patient mortality (4-7).
53 Growing evidence suggests appropriate, early antibiotic therapy can improve patient outcomes (3, 4, 6, 8).
54 New rapid molecular technologies have been utilized in hospitals as a way to more quickly identify
55 microorganisms from bloodstream infections and their resistance markers, since traditional culture
56 methods have identification and susceptibility turnaround times of at least 1-2 days from the time a blood
57 culture flags positive (9). These new technologies also add costs to the clinical microbiology laboratory
58 but are implemented with the assumption that they will result in improved patient outcomes, assist
59 antibiotic stewardship efforts, and provide a net financial benefit to the hospital. Some studies have
60 shown significant cost benefits and reduced length of stay when the information is used in conjunction
61 with appropriate and timely antibiotic stewardship (2, 7-10). Additionally, previous studies provide
62 evidence that rapid organism identification and susceptibility determination can have a positive impact on
63 patient care by de-escalating antibiotic therapy, decreasing mortality and hospital and ICU stay. Most of
64 these studies, however, have been conducted for bacteremia with gram-positive organisms (2, 7, 8, 10-
65 12).

66 In this study, we seek to assess the impact of an automated molecular assay, the Verigene Blood
67 Culture Gram-Negative (BC-GN) test (Nanosphere Inc., Northbrook, IL, USA), in a real-world clinical

68 scenario. The BC-GN assay is designed to both identify common gram-negative pathogens from positive
69 blood cultures and detect key resistance mechanisms. In this study, we assessed the clinical performance
70 of the BC-GN assay and its impact on antibiotic therapy selection and patient outcomes.

71

72 **Methods**

73 *Study design.* This was a retrospective analysis of bacteremia cases in hospitalized patients before and
74 after implementation of a microarray-based early identification system (Verigene BC-GN, Nanosphere) at
75 Keck Medical Center, which includes a 401-bed adult tertiary care hospital and a 60-bed adult cancer
76 hospital in Los Angeles, CA. The Verigene BC-GN test is performed on positive blood culture bottles for
77 the detection of *Escherichia coli*, *Klebsiella pneumoniae*, *Klebsiella oxytoca*, *Pseudomonas aeruginosa*,
78 *Acinetobacter spp.*, *Citrobacter spp.*, *Enterobacter spp.*, *Proteus spp.* and antibiotic resistance genes
79 CTX-M, IMP, KPC, NDM, OXA, and VIM. Records for patients with blood cultures positive for gram-
80 negative bacteria from May – November 2013 were compared to those from December 2014 – May 2015
81 in which the BG-GN panel was performed. Cases were excluded if they were a subsequent bacteremia
82 episode from a study patient or if the patient was not admitted to the hospital. Mixed infections were
83 included. Patient demographics, time to organism identification, time to effective antimicrobial therapy,
84 and other key clinical parameters were compared. Acute physiology and chronic health evaluation II
85 (APACHE II) scores were determined for patients admitted to the ICU to assess their disease severity
86 (13).

87

88 *Microbiological analysis.* As per routine laboratory protocol, blood cultures were performed using the
89 BacT 3D Alert System with blood drawn into FA, FN, or PF bottles (bioMerieux, Durham, NC). Gram
90 stain results of blood cultures were called to the provider within 15 minutes of the culture flagging
91 positive. BC-GN was performed immediately after initial Gram stain if gram-negative bacilli were seen
92 and it was a first-time positive of a patient within a 3-day period. BC-GN panel targets were reported if
93 positive. If the BC-GN was negative for all panel targets, results were reported in the patient medical

94 record as, “Negative for *E. coli*, *K. pneumoniae*, *K. oxytoca*, *P. aeruginosa*, *Acinetobacter* spp.,
95 *Citrobacter* spp., *Enterobacter* spp., and *Proteus* spp. by Verigene nucleic acid test. Identification and
96 susceptibility results to follow.” The microbiology laboratory is staffed 24 hrs a day by dedicated
97 microbiology personnel with few exceptions during staffing shortages. Positive results of phenotypic
98 testing indicating ESBL or CRE (as described below) are called within 15 minutes to the provider on all
99 inpatients as per hospital policy. Results of the BC-GN panel were called within 15 minutes to the
100 provider if they were positive for any of the resistance mechanisms (CTX-M, KPC, NDM, OXA, VIM, or
101 IMP) as indicating a likely ESBL- or carbapenemase-producing organism. During both pre- and post-
102 intervention study periods, the antimicrobial stewardship pharmacist reviewed all bacteremia cases on a
103 daily basis to identify opportunities for antimicrobial de-escalation.

104 Conventional identification of positive blood culture broths were performed on all samples as part
105 of standard practice. Throughout the study periods, evaluation consisted of subculture to solid media at
106 time of initial Gram stain. Identification and susceptibility testing of isolated colonies was performed
107 using the Vitek 2 System (bioMerieux). Confirmatory testing for ESBL and carbapenemase production
108 was routinely performed if the susceptibility pattern met criteria as outlined in Clinical and Laboratory
109 Standards Institute (CLSI) guidelines (14). For ESBL confirmation, E-test with cefotaxime, ceftazidime,
110 and cefepime with and without clavulanic acid was performed according to package insert instructions
111 (AB Biodisk, Solna, Sweden). Confirmation of carbapenemase production was performed using the
112 Modified Hodge test with ertapenem and meropenem discs according to CLSI guidelines (14). Based on
113 institutional antibiogram data, during the years studied, ESBL rates were in the range of 15 to 20% for *E.*
114 *coli* and *K. pneumoniae*.

115
116 *Data analysis.* Multidrug resistance in enteric gram-negative rods and *P. aeruginosa* was defined as non-
117 susceptibility to at least one agent in three or more classes of drugs as detailed elsewhere (14). For the
118 purposes of this study, the time of positive blood culture was defined as the time the provider was notified
119 by telephone and provided with the initial Gram stain result. Time to effective antimicrobial therapy was

120 defined from the time of positive blood culture to the administration time of the first antimicrobial with
121 known susceptibility based on *in vitro* susceptibility testing results. Time to de-escalation of therapy was
122 from time of positive blood culture to the time of administration of the most narrow-spectrum
123 antimicrobial based on the culture and susceptibility report. A suboptimal or inappropriate antibiotic is
124 defined as a drug with no known coverage of the organism in its spectrum of activity, or resistance based
125 on *in vitro* susceptibility testing results. Recurrence of bacteremia was defined as having a second positive
126 blood culture for the same gram-negative organism at least 7 days and no more than 6 months after the
127 first positive culture. Length of stay data were analyzed only for patients who survived until hospital
128 discharge.

129 We performed statistical analysis for dichotomous data with the Fisher exact test. Student *t* test
130 was used for comparison of continuous outcomes with normal distributions and the Mann-Whitney U test
131 was performed for nonparametric continuous outcomes. All tests were two-tailed with an alpha level of
132 0.05 being considered as statistically significant. Univariate and multivariate analyses were performed
133 using Cox proportional hazards regression to evaluate independence of factors that could affect the
134 outcome of ICU length of stay, including age, gender, disease severity, intervention (BC-GN
135 implementation) and pre-infection length of stay. Multivariate logistic regression analysis was performed
136 to assess independence of factors that could be associated with 30-day mortality in patients who had an
137 ICU stay. Factors considered included intervention with BC-GN implementation, age, gender, ICU length
138 of stay, and disease severity. Statistical analysis was performed using R version 3.2.2. This study protocol
139 was approved by the institutional review board of the University of Southern California.

140

141 **Results**

142 *Patient characteristics.* There were 98 bacteremia episodes from 98 distinct patients in the pre-BC-GN
143 group and 97 bacteremia episodes from 97 distinct patients in the post-BC-GN group. Patient populations
144 for both groups were not statistically different with regard to age, gender, or co-morbid conditions.
145 APACHE II scores for ICU patients did not statistically differ between pre- and post-intervention groups

146 (20.4 vs. 18.0, $p=0.242$). The frequency of immunosuppressive therapy, neutropenia (absolute neutrophil
147 count $<500/\mu\text{L}$), penicillin allergy, and bacteremia with MDR organisms was similar between the two
148 groups as well. Sources of bacteremia did not differ significantly and were most commonly intra-
149 abdominal, intravascular line, and genitourinary (Table 1).

150

151 *Microbiology results.* The most commonly identified organisms in each group were *E. coli*, *K.*
152 *pneumoniae*, and *P. aeruginosa* (Table 2). Numbers of ESBL, CRE, MDR *Enterobacteriaceae* or MDR
153 *P. aeruginosa* were not statistically different between the two groups. Micro-array based identification
154 with the BC-GN assay was achieved an average of 3.5 (\pm 1.8) hours after Gram stain was completed.
155 Mean time to at least genus-level identification of the organism was significantly less after
156 implementation of the BC-GN panel (37.9 vs. 10.9 hr, $p < 0.001$).

157 Overall, 84 of 97 (86.6%) of cases were accurately identified by the BC-GN. One case of *Shigella*
158 bacteremia was misidentified as *E. coli* by BC-GN, a limitation noted in the manufacturer's package
159 insert. This patient was admitted acute gastroenteritis and dehydration, 4 days after symptoms onset. Stool
160 culture performed the day after admission was negative. The misidentification had minimal clinical
161 impact as the patient received ciprofloxacin and metronidazole empirically and was continued until
162 completion of the 10-day course despite change in the identification. Twelve (12.4%) of the 97 cases were
163 not identified by BC-GN because the organism was not a panel target ($n=11$) or because BC-GN did not
164 agree with culture ($n=1$). The latter consisted of an isolate identified as *K. pneumoniae* by standard
165 culture but not identified by BC-GN. Non-panel targets included 6 cases of strict anaerobes (*Bacteroides*
166 or *Parabacteroides* spp.), 4 non-fermenter gram-negative bacilli, and one *Serratia marcescens*. Overall,
167 these 12 cases took on average 55.9 hr after blood cultures turned positive for identification. Six of the
168 patients were on suboptimal antimicrobial coverage; five of these patients were switched to effective
169 antimicrobial therapy an average of 71.0 hr after cultures turned positive. There were 3 mixed infections
170 with 2 different gram-negative rods and BC-GN detected both organisms in one case. BC-GN correctly

171 identified the gram-negative organism in both of the 2 cases containing one gram-negative and one gram-
172 positive organism.

173 The Verigene BC-GN detected *bla*_{CTX-M} in 11 isolates; nine confirmed as ESBL and two were
174 ESBL-indeterminate by phenotypic testing. For the purposes to this study, all 11 were considered ESBL-
175 positive organisms based on their multidrug resistance profile including to third generation
176 cephalosporins along with detection of *bla*_{CTX-M}. BC-GN was negative for *bla*_{CTX-M} in all 56
177 *Enterobacteriaceae* isolates that were not suspected to be ESBL by routine susceptibility testing. BC-GN
178 detected *bla*_{KPC} in one *K. pneumoniae* isolate that was also Modified Hodge test-positive. Only two other
179 isolates (both *P. aeruginosa*) in the remaining 84 that could be identified by BC-GN were non-susceptible
180 to a carbapenem; these tested negative for carbapenemase genes on the BC-GN panel.

181

182 *Clinical outcomes.* In the group pre-BC-GN implementation, 32 patients were not on effective antibiotic
183 coverage at the time of positive blood culture, and were switched to appropriate coverage at a mean of
184 30.3 (+/- 28.2) hr after initial Gram stain results were called (Table 3). In the post-BC-GN group, 33
185 patients were switched to adequate coverage in a mean of 19.1 (+/- 34.7) hr after Gram stain results were
186 called and results were not statistically significant (p=0.123). No significant difference was found in
187 recurrence of bacteremia in the pre-BC-GN group (8/98 (8.2%)) versus the post-BC-GN group (3/97
188 (3.1%)) (p=0.213, Fisher exact test).

189 For cases of ESBL or CRE organisms, prior to BC-GN, 6 of 17 cases were already on effective
190 therapy. There were 4 total mortalities at 30-days, two of which were patients who expired while on
191 antibiotics to which their gram-negative isolate tested resistant. Post-BC-GN, 2 of 12 were already on
192 effective therapy. One patient did not receive effective therapy as the organism (KPC-producing *K.*
193 *pneumoniae*) tested as pan-resistant to all drug classes. Of the remaining ESBL or CRE cases, antibiotic
194 regimens were optimized significantly faster after initial Gram stain results in the post-BC-GN group
195 (n=9, mean 8.9 hr) than the pre-BC-GN group (n=9, mean 42.7 hr, p=0.008). Of 15 ESBL bacteremia

196 cases in the pre-BC-GN group, 4 died at 30 days, compared to none of the 10 cases that had follow-up
197 data in the post-BC-GN group ($p=0.113$).

198 The number of cases with antibiotic de-escalation following positive blood culture results was not
199 significantly different (33 pre- vs. 36 post-intervention, $p=0.552$), nor was the mean time to de-escalation
200 (40.9 pre- vs. 34.1 hr post-intervention, $p=0.139$). There was no difference in frequency of infectious
201 diseases consult (38.8% vs. 41.2% respectively, $p=0.771$). No statistically significant differences were
202 found between the pre- and post-intervention groups with regards to overall lengths of stay in the hospital
203 or length of hospital stay after time of positive blood culture (Table 3). Length of stay in the ICU was
204 significantly shorter in the post-BC-GN group, with a mean stay of 12.0 days ($n=38$) compared with 16.2
205 days in the pre-BC-GN group ($n=42$, $p=0.033$). Statistical significance remained after other factors were
206 controlled for in the multivariate analysis. Disease severity (APACHE II score) and pre-infection length
207 of stay were significantly associated with increased length of ICU stay, but only with hazard ratios of 0.97
208 for both (Table 4). Thirty-day mortality was significantly higher in the pre-intervention group (19.2 vs.
209 8.1%; $p=0.037$). Among patients who had an ICU stay, 30-day mortality did not statistically differ
210 between pre- vs. post-intervention groups ($p=0.073$). Upon multivariate logistic regression analysis, there
211 was a statistically significant association between intervention with BC-GN and decreased 30-day
212 mortality (odds ratio 0.81, 95% confidence interval 0.67-0.98; $p=0.035$), but age, gender, APACHE II
213 score, and ICU length of stay were not independently associated with 30-day mortality in ICU patients
214 (Table 5). MDR organism bacteremia, including ESBL and CRE organisms, was associated with 12 of
215 the 19 deaths in the pre-BC-GN group, compared to 1 of the 8 cases in the post-BC-GN group ($p=0.033$).

216

217 *Cost analysis.* The cost per Verigene BC-GN test was calculated to be \$99 USD based on an average
218 wage plus benefits of \$56 USD/hr for a trained technologist, 30 minutes hands-on technologist time from
219 reagent preparation to results reporting, 4 quality control cartridges run every month, and the contracted
220 price for one test cartridge and utility tray. At our institution, internal accounting models base the cost for
221 each additional day in the hospital for the same patient on the daily cost of nursing care. For regular

222 inpatient stays, this cost is estimated to be \$1,400 USD per patient per day. For ICU stays, it is estimated
223 to be \$2,800 USD per patient per day. Figures are based in part on the fact that the nurse to patient ratio is
224 1:1 in our ICUs and 1:2 on our standard medical or surgical inpatient units. Using the statistically
225 significant difference found in ICU length of stay (Table 3), for each patient with an episode of gram-
226 negative bacteremia who had an ICU admission, the BC-GN would be associated with an average net
227 savings of \$11,661 USD.

228

229 **Discussion**

230 As infectious disease diagnostic technologies for bloodstream infections continue to develop,
231 there is a potential for more rapid implementation of appropriate therapy and subsequent improved patient
232 outcomes. However, a test such as the BC-GN adds an additional step to a typical blood culture work-up,
233 increasing labor and reagent costs. It is therefore imperative for laboratories to understand if and how
234 such testing impacts patient outcome in order to justify its use. Compared to other studies that have used
235 simulated samples, proposed theoretical benefits from antimicrobial interventions, and/or excluded
236 polymicrobial cultures, this study aimed to provide a practical reference for the effects of this technology
237 on laboratory turnaround times and patient care in a real-world hospital setting (16-22). While others have
238 bundled rapid bloodstream infection diagnostics with improved stewardship practices for their analysis (9,
239 17), it has been shown that antimicrobial stewardship interventions for gram-negative bacteremia alone
240 can improve outcomes (23). From a laboratory perspective, it was encouraging that our data
241 demonstrated a positive clinical impact based on the BC-GN test with the antimicrobial stewardship
242 practices that were already in place.

243 The BC-GN assay performed well when a panel target was present in the positive blood culture
244 broth, which at our medical center was nearly 9 out of every 10 cases of gram-negative bacteremia. In the
245 minority of cases that could not be identified by BC-GN, cases were managed similar to before BC-GN
246 implementation, with prolonged time to appropriate antibiotic therapy in half of these cases. The
247 exclusion of anaerobic targets and other organisms with important susceptibility considerations, e.g., *S.*

248 *maltophilia*, is a downside of such kit-based molecular tests. Such a disadvantage is not the case with
249 methods such as mass spectrometry-based identification direct from blood culture broth. Also, failure to
250 detect some mixed infections is a known limitation of the BC-GN assay that was consistent with our
251 findings (19, 24). The discordance seen in the case in which BC-GN was negative for panel targets but
252 conventional methods identified *K. pneumoniae* could possibly have been *K. variicola*, a species which
253 the BC-GN panel does not recognize but is identified as *K. pneumoniae* with conventional biochemical
254 identification (17, 25). However, this isolate was unavailable for further testing in this retrospective
255 analysis. In our hands, we did not see issues with identification of ESBL organisms as all phenotypically
256 confirmed ESBL organisms were CTX-M-positive.

257 Similar to other studies, we observed that use of this assay significantly shortened identification
258 of gram-negative rods on average by more than one day, even after including turnaround time results of
259 all gram-negative cases tested and not just panel targets. On a practical level, it required ~3.5 hrs from the
260 time of Gram stain on the positive blood culture broth to entry of BC-GN results into the electronic
261 medical records. This is longer than the 2-2.5 hours cited in most studies because we included samples
262 which had delayed turnaround times due to gaps in laboratory coverage (9, 18, 19). During
263 implementation of the assay at our institution, providers were notified of the assay and its interpretation
264 via laboratory bulletin. Also in the initial stages, the laboratory concomitantly notified providers of the
265 positive blood culture result and that BC-GN results would available in several hours. Providers at our
266 institution had already become accustomed to rapid identification of blood cultures for gram-positive
267 organisms by fluorescent hybridization probes or Verigene BC-GP. Despite educational efforts, providers
268 took several months to gain confidence with the BC-GN test algorithm thereby reducing its initial impact.
269 As antimicrobial stewardship programs at our and other institutions expand, even greater clinical and
270 financial impact may be expected from sepsis panels like the BC-GN.

271 The shortened turnaround time for organism identification seemed to have the highest impact on
272 patients with ESBL infections at our institution. With immediate communication of ESBL-positive results
273 to providers, many cases resulted in a prompt switch to an appropriate antibiotic regimen. Prior to

274 implementation of the BC-GN test, significant delays in initiation of appropriate antimicrobial therapy
275 were noted. The impact of the BC-GN was pronounced in ESBL cases in our study likely because the
276 prevalence of ESBL-producing organisms is significant yet low enough that empiric gram-negative
277 coverage typically involves a cephalosporin-based regimen. For all cases in this study, there was an
278 overall trend towards more rapid implementation of effective antibacterial therapy after BC-GN
279 implementation that, while not statistically significant, may still be clinically significant given that delays
280 in appropriate antibiotic administration are associated with an increased risk of mortality (6).

281 Another significant finding in this study was that post-BC-GN assay implementation, length of
282 ICU stay for patients with gram-negative bacteremia was shortened by over four days on average. We did
283 not examine costs specific to our study patients, but decreased lengths of stays in practical terms would
284 decrease hospital costs. At our institution, the cost savings from BC-GN would amount to ~\$11,661 USD
285 per gram-negative bacteremia case with ICU admission. Although length of ICU stay has not been
286 frequently examined in studies specific to the BC-GN microarray panel, our findings are similar to those
287 from one study which included both the BC-GN and BC-GP gram-positive panel and to another study on
288 antibiotic-resistant gram-negative bacteria rapidly identified by mass spectrometry and direct from blood
289 culture broth susceptibility (21, 26). On the other hand, we did not find significant change in time to de-
290 escalation of broad-spectrum antibiotics or length of hospital stay. We believe that these observations
291 were in large part due to a major limitation of commercially available molecular assays, that resistance
292 marker results, particularly when negative, provide incomplete information for therapeutic decisions (20,
293 27). Patients in this study were generally continued on an empiric therapeutic regimen until full
294 susceptibility testing results were completed. Additionally, uncertainty regarding antibiotic choice was
295 likely one reason that hospital length of stay was not impacted, as providers again awaited conventional
296 susceptibility results before deciding on an antibiotic regimen for patient discharge. Direct from blood
297 culture susceptibility testing and promising new molecular approaches are much needed to fill this gap
298 (26, 28). Although the multiple co-morbidities seen in patients at a tertiary care center may have

299 decreased the possibility of earlier discharge, others have shown that with rapid susceptibility results and
300 antimicrobial stewardship, decreased hospital length of stay is achievable (26).

301 We also found that 30-day mortality was reduced by more than half after implementation of the
302 BC-GN assay. This finding has been reported by others who used the Verigene system but combined data
303 from gram-negative and gram-positive panel testing, or who used mass spectrometry-based rapid
304 identification (21, 29). While in this retrospective analysis we cannot definitively assert that the decrease
305 in 30-day mortality is a direct result of the BC-GN test being implemented, the trend towards more timely
306 administration of effective antibiotic therapy, significantly decreased length of the stay in the ICU, and
307 significantly fewer deaths associated with MDR organisms suggest that more rapid identification of gram-
308 negative organisms and major resistance mechanisms played an important role. This finding is also
309 supported by the fact that inappropriate antibiotic coverage has been linked with increased mortality in
310 hospitalized patients with ESBL or MDR organism bacteremia (6, 30, 31).

311 This study's findings were based on adult patients in a tertiary care center and may not be
312 applicable to all hospital settings. The rate of drug-resistant organisms, choice of empiric antibiotic
313 therapy, and antibiotic stewardship practices may differ by institution. Moreover, factors such as infection
314 control practices and responsiveness of providers to microbiology results may also influence outcomes
315 that cannot be controlled for in a retrospective analysis. Because the data were collected soon after
316 implementation of the microarray technology, they may not reflect the full impact of the test as providers
317 gained confidence in the assay with time and experience. It should also be noted that the pre- and post-
318 implementation study periods were not the same time of year for both groups. The post-intervention time
319 frame included the winter season but most patients presented for cancer or surgical care unrelated to
320 seasonal infections, e.g. respiratory virus infection. The pre-intervention time frame includes the summer
321 months when a limited number of medical residents and fellows start their training at the medical center;
322 this may have had a limited impact on the study results. Cost-effectiveness was not the main focus of this
323 study but could be examined further in future efforts.

324 As anticipated, the Verigene BC-GN performed well when panel targets were present in positive
325 blood cultures and it reduced turnaround time to identification of most gram-negative organisms causing
326 bacteremia as well as ESBL and CRE organisms. It dramatically decreased turnaround time for
327 identification of ESBL and CRE organisms and was associated with more rapid administration of
328 appropriate antimicrobial therapy in these cases. Although hospital length of stay was not impacted after
329 implementation of this assay, length of stay in the ICU, 30-day mortality, and deaths related to MDR
330 organisms were significantly reduced. Implementation of such assays with more intense, real-time
331 antimicrobial stewardship could further impact time to appropriate therapy and de-escalation of broad-
332 spectrum therapy. Future studies to assess the impact of such testing in different healthcare settings are
333 still needed.

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440 clinical outcome. *J Hosp Infect* **68**:108-115.
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442

443 **Tables**

444

445 **Table 1.** Clinical characteristics of patients included in the study pre- and post-implementation of

446 microarray-base identification of gram-negative organisms from blood culture broths (BC-GN).

	Pre-BC-GN	Post-BC-GN	P value^a
N	98	97	NA
Mean age (SD), yrs	60.0 (14.7)	60.3 (15.2)	1.00
Age range	22-93	20-92	NA
Male (%)	63 (64.3)	57 (58.8)	0.46
ANC<500, n (%)	15 (15.3)	12 (12.4)	0.68
Admission to ICU, n (%)	42 (42.9)	38 (39.2)	0.66
Mean APACHE II score, ICU patients (SD)	20.4 (8.0)	18.0 (6.9)	0.24
Infectious diseases specialist consulted, n (%)	38 (38.8)	40 (41.2)	0.77
Immunosuppressive Therapy, n (%)	50 (51.0)	40 (41.2)	0.20
Penicillin Allergy, n (%)	10 (10.2)	11 (11.3)	0.82
Comorbidities, n (%)			
Cardiovascular disorder	29 (29.6)	21 (21.6)	0.25
Chronic lung disease	3 (3.1)	4 (4.1)	0.72
Liver disease	15 (15.3)	9 (9.3)	0.28
Solid organ tumor	37 (37.8)	36 (37.1)	1.00
Lymphoproliferative disorder	16 (16.3)	20 (20.6)	0.47
Diabetes	34 (34.7)	25 (25.8)	0.21
Hypertension	55 (56.1)	44 (45.4)	0.15
Genito-urinary disease	41 (41.8)	36 (37.1)	0.56
Connective tissue disorder	6 (6.1)	4 (4.1)	0.75

CNS disease	5 (5.1)	7 (7.2)	0.57
Intra-abdominal process	28 (28.6)	26 (26.8)	0.87
History of organ transplant	14 (14.3)	15 (15.5)	0.84
Source of bacteremia, n (%)			
Genitourinary	38 (38.8)	34 (35.1)	0.66
Intra-abdominal	32 (32.7)	32 (33.0)	1.00
Intravascular line	15 (15.3)	14 (14.4)	1.00
Indwelling device	1 (1.0)	1 (1.0)	1.00
Respiratory	5 (5.1)	4 (4.1)	1.00
Wound	2 (2.0)	1 (1.0)	1.00
Unknown	5 (5.1)	11 (11.3)	0.13

447 SD, standard deviation; ANC, absolute neutrophil count; ICU, intensive care unit

448 ^a All p-values determined by Fisher exact test except for mean age which was analyzed by the Student's
 449 unpaired t-test and the APACHE II score which was analyzed by the Mann Whitney U test.

450

451

452 **Table 2.** Microbiological findings of the patients included in this study pre- and post-implementation of
 453 microarray-base identification of gram-negative organisms from blood culture broths (BC-GN).

Organisms Isolated	Pre-BC-GN	Post-BC-GN	P value^a
Enterobacteriaceae	77	67	0.15
<i>Escherichia coli</i>	40	40	
<i>Klebsiella pneumoniae</i>	18	17	
<i>Enterobacter</i> spp.	9	4	
<i>Serratia marcescens</i>	3	1	
<i>Salmonella enterica</i>	3	0	
<i>Shigella</i> spp.	0	1	
<i>Klebsiella oxytoca</i>	2	2	
<i>Proteus</i> spp.	0	1	
<i>Citrobacter</i> spp.	2	1	
Non-fermenting GNR	10	17	0.15
<i>Pseudomonas aeruginosa</i>	6	12	
<i>Acinetobacter</i> spp.	2	1	
<i>Stenotrophomonas maltophilia</i>	1	2	
<i>Sphingomonas paucimobilis</i>	1	0	
<i>Pseudomonas luteola</i>	0	1	
<i>Aeromonas</i> spp.	0	1	
Anaerobe	2	6	0.17
Polymicrobial bacteremia	9 ^b	7 ^c	0.80
MDR GNR	34	30	0.65
ESBL	15	11	0.53
CRE	2	1	1.00

MDR <i>Enterobacteriaceae</i> ^d	14	15	1.00
MDR <i>P. aeruginosa</i>	3	3	1.00

454 GNR, gram-negative rod; ESBL, extended-spectrum beta-lactamase; CRE, carbapenem resistant

455 Enterobacteriaceae; MDR, multi-drug resistant.

456 ^a Fisher exact test performed.

457 ^b Includes five cases of 2 mixed enteric GNR, one CRE *K. pneumoniae* and *Enterococcus faecalis*, one of

458 *E. coli*, *P. aeruginosa*, and viridans streptococcus, one of *E. coli* and *Bacteroides fragilis*, and one of

459 ESBL *E. coli*, *P. aeruginosa*, and *Aeromonas hydrophila*.

460 ^c Includes four cases of 2 mixed enteric GNR, one of *K. pneumoniae* and *Staphylococcus epidermidis*, one

461 of *E. coli* and viridans streptococcus, and one with four non-fermenter GNRs and *Microbacterium* sp.

462 ^d Excludes ESBL or CRE cases.

463

464 **Table 3.** Clinical outcomes pre- and post-implementation of microarray-base identification of gram-
465 negative organisms from blood culture broths (BC-GN).

	Pre-BC- GN	Post-BC- GN	P value
Mean time from initial Gram stain to BC-GN identification (hr)	NA	3.5	NA
Mean time from initial Gram stain to organism identification (hr)	37.9	10.9	<0.001 ^a
Mean time from initial Gram stain to effective therapy (hr)			
All cases	10.2	6.5	0.12 ^a
Cases on suboptimal empiric therapy	30.3	19.1	0.12 ^a
No. cases in which therapy was de-escalated (n)	33	37	0.66 ^b
Mean time from initial Gram stain to de-escalation (hr)	40.9	34.1	0.14 ^a
Recurrence of bacteremia (n (%))	8 (8.2)	3 (3.1)	0.21 ^b
Mean total length of stay, hospital (d)	15.2	18.0	0.52 ^a
Mean length of hospital stay after positive culture (d)	9.7	9.4	0.87 ^a
Mean length of stay, ICU (d)	16.2	12.0	0.03 ^a
30-day mortality (n (%))	19 (19.2)	8 (8.1)	0.04 ^b
ESBL cases (n)	15	11	0.53 ^b
Length of stay, hospital (d)	12.0	13.5	0.59 ^a
Mean time to effective therapy n(hr (n)) ^c	41.4 (9)	7.3 (9)	0.04 ^a
30-day mortality (n (%))	4 (26.7)	0 (0)	0.11 ^b

466 hr, hour; d, day; NA, not applicable; ESBL, ICU, intensive care unit; extended-spectrum beta-lactamase.

467 ^a Mann-Whitney U test performed.

468 ^b Fisher exact test performed.

469 ^c Excludes cases which never received adequate antimicrobial coverage (n=2, pre-BC-GN group only) and

470 cases already on adequate empiric therapy.

471 Table 4. Association of various factors with length of ICU stay is shown by results of univariate and
472 multivariate analysis. Hazard ratio values >1 are associated with shortened length of stay.

Factor	Univariate analysis			Multivariate analysis		
	HR	95% CI	P value	HR	95% CI	P value
Intervention	1.62	1.03-2.54	0.04	1.79	1.07-2.98	0.03
Pre-infection length of stay	0.97	0.95-0.99	0.001	0.97	0.95-0.98	0.0001
Age	1.01	0.99-1.03	0.22	1.0	0.98-1.01	0.90
Sex (Female)	0.64	0.40-1.03	0.06	0.69	0.41-1.15	0.15
Time to effective therapy	1.01	0.78-1.32	0.94	1.02	0.75-1.38	0.90
Disease severity (APACHE II)	1.00	0.97-1.02	0.74	0.97	0.93-1.0	0.06
Mortality	1.03	0.57-1.65	0.91	1.43	0.83-2.48	0.20

473 HR, hazard ratio; CI, confidence interval; APACHE, acute physiology and chronic health evaluation.

474

475 Table 5. Multivariate logistic regression analysis to assess independence of the association of intervention
476 (BC-GN implementation) and other factors with 30-day mortality in patients with an ICU stay. Modeling
477 was constructed such that odds ratios >1 are with increased 30-day mortality and <1 are associated with
478 decreased 30-day mortality.

Factor	Odds ratio	95% CI	P value
Intervention	0.81	0.67-0.98	0.03
Length of stay, ICU	1.00	1.00-1.00	0.94
Age	1.01	1.00-1.01	0.11
Sex (Female)	1.07	0.88-1.30	0.48
APACHE II	1.01	0.99-1.02	0.36

479 CI, confidence interval; ICU, intensive care unit; APACHE, acute physiology and chronic health
480 evaluation.

481